



"The True Specialists in Clinical Hypnotherapy Training"

First in Australia to achieve government accreditation for competency based training in Clinical Hypnotherapy

Most comprehensive training in Australia

Best value training in Clinical Hypnotherapy in Australia

PROSPECTUS

CLINICAL HYPNOTHERAPY &

COUNSELLING TRAINING

PROFESSIONAL & GENERAL INTEREST

Help Others and Start a New Career

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Executive Director: Leon W. Cowen
DCH, Dip Hyp Mast (USA), Grad Dip App Hyp, Mast CH, FAHA, MATMS

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Your Qualification

The Academy is recognised to issue the highest Australian qualification in clinical hypnotherapy. When you register for the Advanced Diploma of Clinical Hypnotherapy you will receive lower qualifications as you progress through the course.

This means you will have several government accredited qualifications to demonstrate your professional status. Our qualifications are acknowledged for membership of professional associations including the Australian Hypnotherapists Association, the Australian Society of Clinical Hypnotherapists and the Australian~Traditional Medicine Society.

The Academy of Applied Hypnosis

The Academy was founded in 1983 to meet the need for a standard of professional training for Clinical Hypnotherapists which is as high, as comprehensive and as soundly based as the training for any other of the health professions. The Academy is the first in Australia to achieve VETAB Accreditation for our Certificate IV in Clinical Hypnotherapy and the Diploma of Clinical Hypnotherapy.

The Academy’s Training Programs have been developed over a number of years with input from a wide range of health professionals including Psychologists, Psychiatrists, Counsellors, Medical Practitioners, Nurses, Naturopaths, Chiropractors and Clinical Hypnotherapists.

Leon W. Cowen

Executive Director
DCH, Dip Hyp Mast (USA),
Grad Dip App Hyp, Mast C H,
FAHA, MATMS



Leon has been a practising Clinical Hypnotherapist for over 35 years. In 1983 he founded the Academy and is a consultant to Prof. Associations, Gov. Agencies and Industry Boards regarding Aust. Clinical Hypnotherapists’ professional training standards. He holds the distinction of being the first Clinical Hypnotherapist to achieve membership of the PACFA Registry.

Leon brings his extensive experience into the Academy’s training as the Executive Director and principal lecturer at the Academy. He also lectures at the University of New South Wales, Macquarie University, University of Western Sydney, St Vincents Hospital, Nature Care College of Natural Therapies, Australasian College of Natural Therapies and the Australian Catholic University.

Currently he is a PhD candidate with the University of Western of Sydney conducting research into the relationship between hypnotherapy education and clinical practice.

Why are we “The True Specialists in Clinical Hypnotherapy Training”?

Our courses integrate clinical hypnotherapy with counselling, NLP, Transactional Analysis and Gestalt. All psychotherapies are taught within a clinical hypnotherapy model which not only teaches the psychotherapy but also how to use that skill within a clinical hypnotherapy practice. Then we support each student as they apply their skills in a practical setting.

Leon W. Cowen is our Executive Director and arguably the most experienced Clinical Hypnotherapy trainer in Australia. With over 35 years of clinical experience and 27 years as a clinical hypnotherapy educator, he is the primary trainer for the Academy. Previously he was responsible for the ongoing professional development for the two largest professional hypnotherapy associations in Australia. Currently he is researching hypnotherapy education as a Ph.D. candidate with the University of Western Sydney.

Mission Statement

Hypnotic and Counselling theory are presented in a functional form, giving practical instruction in the application of hypnosis and counselling at both personal and professional levels.

All training, whether personal or vocational, is competency based & each individual’s capacity to realise his or her unique potential is honoured and developed within the framework of our credo:

Se Adiuvere.

(Translation: To Help Oneself)

Study Hypnotherapy & Counselling Qualifications
Recognition of Prior Learning = Lower Cost, Shorter Time

A Rewarding New Career






Clinical Hypnotherapy and Counselling are very rewarding professions which can provide the independence of self-employment, the satisfaction of helping others, and the security of earning a comfortable living. If you like people and enjoy helping them, there is a great deal of career satisfaction. Many therapists receive enormous pleasure from helping their clients overcome a life-long challenge, shed unwanted habits such as smoking or over-eating, or in helping them progress in their chosen sport or career. Clinical Hypnotherapists and Counsellors also work with Health Professionals such as Doctors, Dentists, Psychologists, Chiropractors, Naturopaths and other practitioners to assist in areas such as pain control, sexual issues, migraines, stress, skin disease, phobias, insomnia, forensic hypnosis and asthma. Because your primary responsibility as a Clinical Hypnotherapist or Counsellor will be to your clients' wellbeing the Academy will help you learn how to treat clients safely and effectively, with care and compassion.

The Academy will teach you the most appropriate methods to help your clients achieve results quickly and effectively, as well as help you to know and be able to use a variety of approaches and therapeutic strategies.

Professional Clinical Hypnotherapy and Counselling can be very rewarding careers, but like all professions there is much that needs to be learned and practised. This is why anyone who intends to follow these career paths requires the most comprehensive and professional training available.

The Academy is proud to be the first in Australia to have achieved VETAB Accreditation for our Certificate IV in Clinical Hypnotherapy as well as for our Diploma of Clinical Hypnotherapy. This Government accreditation means that your clients will know you are properly qualified, you will receive acknowledgment for your higher professional status, you will have access to areas reserved for accredited Health Practitioners and these other Health Practitioners will be confident in their referrals to you.

Accreditations and Links

 <p>Australian Qualifications Framework NATIONALLY RECOGNISED TRAINING</p>	<p>The Academy has achieved accreditation for the <i>Certificate IV in Clinical Hypnotherapy</i> (91524NSW) and <i>Diploma of Clinical Hypnotherapy</i> (91525NSW) and <i>Advanced Diploma of Clinical Hypnotherapy</i> (91526NSW). The symbols of the <i>Australian Qualifications Framework</i> and the <i>National Quality Council (NQC)</i> relate to these accreditations. It indicates the course/module has been assessed by Clinical Hypnotherapists, Educationalists, Health Professionals and representatives of Professional Associations. They appraise all aspects of the course and advise ASQA that the course meets all requirements and competencies for the designated level of vocational training. For information regarding ASQA contact: Tel: 1300 701 801 Website: http://www.asqa.gov.au</p> <p>The Nationally Recognised Training (NRT) logo indicates the Academy and our training is recognised by all Federal and State government training authorities. For information regarding Nationally Recognised Training contact the National Training Information Service Website: www.ntis.gov.au</p>
 <p>ATMS Australian Traditional-Medicine Society Ltd</p>	<p>This symbol represents the <i>Australian Traditional-Medicine Society (ATMS)</i>. The Academy's professional graduates automatically receive 'Practitioner Status' when they join the Society. Free ATMS membership gives free access to EBSCO databases. For information: Tel: (02) 9809 6800 Website: www.atms.com.au</p>
 <p>AHA Association</p>	<p>This symbol represents the <i>Australian Hypnotherapists' Association (AHA)</i> – the oldest independent professional hypnotherapy association in Australia. Academy Graduates meet AHA membership requirements. Tel: 1800 067 557. Website: www.ahahypnotherapy.org.au</p>
 <p>ASCH Society</p>	<p>This symbol represents the <i>Australian Society of Clinical Hypnotherapists</i> and indicates the Academy has met the educational standards set by the Society for training in hypnosis and its associated skills. Tel: 1300 85 1176 Website: http://www.asch.com.au</p>
 <p>Hypnotherapy Council of AUSTRALIA</p>	<p>This symbol represents the <i>Hypnotherapy Council of Australia (HCA)</i> which is the national peak body for Clinical Hypnotherapy in Australia. For more information refer to their website at http://www.hypnotherapycouncilofaustralia.com.</p>
 <p>IICT APPROVED TRAINING PROVIDER International Institute for Complementary Therapists</p>	<p>This symbol represents the <i>International Institute of Complementary Therapists</i>. The Academy of Applied Hypnosis is approved by the IICT. For more information refer to their website at www.iict.com.au or telephone 1300 653 981</p>
 <p>capa</p>	<p>This symbol represents the <i>Counselling and Psychotherapists Association of NSW</i>. The Academy's <i>Advanced Practitioner Certificate in Clinical Hypnotherapy</i> is endorsed for member's continuing education. Tel: (02) 9235 1500 Website: http://www.capa.asn.au</p>
 <p>RACGP</p>	<p>This symbol represents the <i>Royal Australian College of General Practitioners</i>. The Academy's <i>Advanced Practitioner Certificate in Clinical Hypnotherapy</i> is endorsed for member's continuing education. Tel: (02) 9886 4700 Website: http://www.racgp.org.au</p>

Flexible Delivery

The Academy conducts training by a combination of on-line and in-house classes. This gives the student the flexibility to study when they wish and still know the Academy is available when they need assistance. To round out the professional skills the Academy conducts practical classes which are required to complete qualifications. If you are unable to attend in-house practical classes an application for completing the course totally by distance will be considered.

Money Back Guarantee

The Academy guarantees to refund 100% of your tuition fees (no questions asked), if before finalising your first module/section of study you decide that you wish to withdraw from the course.

Please see the student handbook for the complete refund policy

Progression Through Hypnotherapy Courses

To save time and fees it is preferable that you enrol into the course you wish to complete. This will avoid you paying extra registration fees. For example, if you enrol into the Advanced Diploma of Clinical Hypnotherapy it includes all the preceding courses. You will receive each qualification as you complete each courses requirement. Courses and modules may be completed by Recognition of Prior Learning (RPL). Please see the Recognition of Prior Learning Kit for all details. If you exit at a lower level course, later on you can use that qualification (as applicable) to gain entry into a higher level course. You may enrol for a full time or part time load. Practical Workshops and Therapeutic Applications are mandatory and must be attended.

This is a suggested module /section progression through the courses. It can be altered to suit each individual student.

Certificate IV in Clinical Hypnotherapy

1. Hypnosis Counselling and Therapy HCT401
2. Psychology for Hypnotherapy PYS401
3. Psychology for Hypnotherapy PYS402
4. Medical Sciences in Hypnotherapy MSH401
5. Counselling for Hypnotherapy COU401
6. Counselling for Hypnotherapy COU402
7. Therapeutic Applications THAP401
8. Practical Workshops PW401
9. Practical Workshops PW402
10. Pre Clinic Therapeutic Applications PCTHAP401
11. Senior First Aid Cert HLTF301B
12. NLP in Hypnotherapy NLP401 **or**
 - a. NLP in Hypnotherapy NLP402
13. Hypnoanalytical Techniques HT401 **or**
 - a. Hypnoanalytical Techniques HT402
14. Intern Clinic IC401

Certificate IV in Clinical Hypnotherapy










- ❖ Government Accredited at AQTF level 4
- ❖ Have competent skills to establish a practice
- ❖ Work at a basic Professional Level
- ❖ **Exit point: Cert of Hyp and Counselling**
- ❖ Develop network with other health practitioners
- ❖ Use a range of techniques to effectively assist your clients - including: Hypnoanalysis, Counselling, NLP, Gestalt & TA
- ❖ Meets the requirements for clinical membership of professional associations

Diploma of Clinical Hypnotherapy

1. Ethics Legal & Business Issues ELBI501
2. Therapeutic Applications ADVTHAP 501
3. Therapeutic Applications ADVTHAP 502
4. Therapeutic Applications ADVTHAP 503
5. Practical Workshops ADVPW501
6. Practical Workshops ADVPW502
7. Practical Workshops ADVPW503
8. Intern Clinic SNRIC501
9. Intern Clinic SNRIC502
10. Intern Clinic SNRIC503
11. TA and Gestalt TAG501 **or**
 - a. TA and Gestalt TAG502
12. NLP in Hypnotherapy NLP501 **or**
 - a. NLP in Hypnotherapy NLP502
13. Hypnoanalytical Techniques HT501 **or**
 - a. Hypnoanalytical Techniques HT502

Diploma of Clinical Hypnotherapy





Registering for the Diploma includes the Certificate IV.

- Government Accredited at AQTF Level 5
- Have the skills from the Diploma of Clinical Hypnotherapy
- Work at an Advanced Professional level
- Use a range of Advanced Clinical techniques to assist your clients with greater effectiveness
- Accept referrals and liaise with other Health Practitioners
- Accept referrals and liaise with Health Practitioners
- Be a Clinical Member of professional associations
- Accepted as Practitioner Member of ATMS

Advanced Diploma of Clinical Hypnotherapy

1. Professional Development PD601
2. Professional Development PD602
3. Professional Development PD603
4. Professional Development PD604
5. Research Methodology RM601
6. Teaching Self Hypnosis TSH601
7. Project PRO601
8. TA and Gestalt TAG601 **or**
 - a. TA and Gestalt TAG602

Advanced Diploma of Clinical Hypnotherapy

Registering for the Advanced Diploma includes the Certificate IV and the Diploma.

- ✓ Have the highest Government Accredited specialist clinical hypnotherapy qualification
- ✓ Government Accredited at AQTF Level 6
- ✓ Have the most advanced hypnotherapy training available
- ✓ Integrate skills from the Diploma of Clinical Hypnotherapy
- ✓ Work at an Advanced Professional level
- ✓ Use a range of Advanced Clinical techniques to assist your clients with greater precision and effectiveness
- ✓ Accept referrals and liaise with doctors other health practitioners and other clinical hypnotherapists
- ✓ Be a Clinical Member of professional associations
- ✓ Develop skills to become a supervisor
- ✓ Accepted as Practitioner Member of ATMS
- ✓ Critically evaluate professional articles and research

Registration Options

Applies to: *Certificate IV in Clinical Hypnotherapy* (91524NSW) and *Diploma of Clinical Hypnotherapy* (91525NSW), *Advanced Diploma of Clinical Hypnotherapy* (91526NSW) and the *Advanced Practitioner Diploma in Clinical Hypnotherapy*.

Option A: Pay for one entire course up front and you will receive a 15% discount on that course. This discount will also be applied to the prevailing fees for RPL applications and other fees. The discount does not apply to textbooks or any other fees not mentioned here. Please contact the Academy to confirm the total fees payable.

Option B: Pay the current non-refundable registration fee on any one course* and you will always receive a 10% discount on the prevailing module fees for that course*. You will also receive 10% discount on RPL applications and other course fees. Once paid, the registration fee can not be transferred in part or in full if you later decide to enrol into a higher level course or to any other course that the Academy may be conducting. The discount does not apply to textbooks or any other fees not mentioned here.

Option C: Applies to all courses. Just pay for the modules that you are enrolling into for the term. No registration fee is payable & no discounts apply.

*: If you enrol in the *Advanced Diploma of Clinical Hypnotherapy* (91526NSW), you pay the registration fee for that course only, i.e. you will not be required to pay the registration fee for the *Certificate IV in Clinical Hypnotherapy* (91524NSW) and *Diploma of Clinical Hypnotherapy* (91525NSW). Enrolling into one of the courses mentioned here means that you are enrolling into any pre-requisites but you only pay the registration fee for the course/qualification that you are enrolling into.

Enrolment Requirements

Each term (approximately 3 months) it is expected that a full time student will complete 8 modules and a part time student will complete 4 modules. Should difficulties occur which interfere with your enrolment you may apply for consideration to vary your enrolment conditions for that term. To maintain enrolment in a course, each student is required to enrol into a minimum of two modules per term. Enrolment requirements include the mandatory practical modules. If you feel that you have not completed sufficient modules to meet the requirements of the practical modules you may apply for an exemption. Each student is required to have an interview (in person or by phone) once every two terms. Should these conditions not be met the Academy will deem that you have withdrawn from the course and reenrolment will be required.

Things to consider before enrolling

1. Do you want to study full time or part time?
2. What do you want to be able to do when you complete your course of study? This will determine which course you enrol into.
3. Do you want to take it slow or be qualified as soon as possible?
4. Compare available Clinical Hypnotherapy courses. Check the courses have independent accreditation.
5. Satisfy yourself that your chosen course will help you achieve the end result you want.
6. Make certain you can fulfil the requirements of the course. Read the student handbook.
7. Ensure you have read and understood all the conditions of enrolment.

How to Register and Enrol

1. Decide which course you wish to complete
2. Decide if you wish to study full or part time load
3. Register for the course you wish to complete
 - a. e.g. Register for the Advanced Diploma, and the Certificate IV and Diploma are included.
4. Decide on your Registration Option – A, B or C.
5. Complete the enrolment form. List the course and module(s) you wish to study (tick the relevant boxes).
 - a. For Adv Practitioner courses provide a copy of qualifications.
6. Attach payment: credit card, cheque or cash (only if paying in person).
7. Present the enrolment form and payment to the Academy.
8. Go to the Academy website www.aah.edu.au & follow the prompts to register as a student
9. Upon acceptance, confirmation of enrolment will be sent.

Student Checklist

Have you decided which course you wish to study?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Have you registered for the course to save course costs?.....	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Have you decided if you want to study full time or part time?.....	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Have you compared other available Clinical Hypnotherapy / Counselling courses?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Have you satisfied yourself that your chosen course will give the end result you want?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Can you fulfil the requirements of the course?.....	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Have you read the Academy's Student Handbook for policies and conditions?.....	Yes <input type="checkbox"/>	No <input type="checkbox"/>

If you have any questions contact the Academy on (02) 9415 6500 or email: admin@aah.edu.au

Money Back Guarantee

The Academy guarantees to refund 100% of your tuition fees (no questions asked), if before finalising your first module/section of study you decide that you wish to withdraw from the course.

Please see the student handbook for the complete refund policy

General Information

The Academy's Environment

Although the environment at the Academy is very informal, course participants are requested to sign in and out of class and workshops. You have the choice of hardback chairs or beanbags when you attend class. The Academy is a smoke free zone and with the exception of bottled water, no food or drink is to be consumed on the premises.

There are various eateries within a few minutes walk of the Academy.

Location

The Academy is located at the 1st Flr 302 Pacific Hwy Lindfield NSW 2070 (above KFC). Entry is via the side on Beaconsfield Pde approximately 100 metres from Lindfield Station. Parking is available in Beaconsfield Pde or in the Council car park behind the shopping centre. Tel: (02) 9415 6500
Fax: (02) 9415 6588

Website: www.aah.edu.au

Email: admin@aah.edu.au

Studying at the Academy - Full/Part time

The Academy offers full and part time study in a combination of on-line/distance learning with telephone support available and in-house practical workshops. Each module is the equivalent to 4 x 3hr *in-class* workshops.

Full time study is approximately 25 – 30 hours of study per week and is equivalent to 8 modules per 10 week term. Part time is approximately 10-15 hours of study per week and is equivalent to 4 modules per 10 week term. This includes in-house practical workshops. These structures may vary.

Should you (for any reason) be unable to complete the full/part time requirements please contact the Academy with a request for special consideration.

Teaching Methods

The Academy's training methods are strongly based in Adult Learning Principles and accepted on-line educational methods. Your distance learning topics are supported by having a lecturer available to answer your questions. Contact the Academy and set up the required appointment whenever you need to do so. With Adult Learning, you get the flexibility to choose your study pathway.

The Academy's policy is to conduct all Practical and Therapeutic Applications in-house workshops. Should small numbers occur we will modify the duration to suit the lesser number of students.

Entry Requirements

Whilst mature age entry is sufficient for eligibility, an interview will be the determining factor for entry into the Certificate IV in Clinical Hypnotherapy or higher qualifications. Distance Learning applicants can be interviewed by telephone. The Academy reserves the right to refuse entry to any applicant and to vary any aspect of any training for improved outcomes.

Advanced Practitioner courses (for persons holding health qualifications) require proof of existing qualification. These will be determined by Recognition of Prior Learning (RPL).

Text Books

Textbooks are essential to enable completion of assignments and assessments. For a list of books required for each module consult the module outline in the student handbook which is on the website or contact administration.

The text books are *not* included in tuition fees. If ordering textbooks through the Academy, a 50% deposit is required however the Academy takes no responsibility for late delivery, temporary out-of-stock situations, or increased recommended retail price. Prices are subject to change without notice and additional costs (e.g. shipping charges) will be passed on to the purchaser.

Textbooks can be obtained from booksellers who carry school and college texts. Check with your book vendors or:
University Co Op: Ph 9325 9666
Adayar Bookshop: Ph 9267 8509
Dymocks: Ph 9412 1630
Amazon Bookshop: www.amazon.com

Recognition of Prior Learning (RPL)

RPL is a method that allows for recognition of what you have already learned from other areas e.g. courses, work experience, life experience and / or any training previously undertaken.

If what you have learned previously has given you sufficient skills and competencies to meet the Academy's requirements, RPL will be available and you may be eligible for exemption from certain parts of the course.

You should apply for RPL in any module(s), if you think your prior learning and / or experience means you can provide evidence to show that you are already competent. Applications must be made on the RPL Kit forms on the website or from administration.

Tuition fees

Tuition fees are paid on a *module* basis. To calculate costs, multiply module fee by number of modules. Significant fee savings are available when you enrol in a higher level course. Fees will vary annually.

Prerequisites

Consult the Student Handbook or contact Administration.

What does Accreditation mean to you?

It means that your qualification is seen by clients and other health professionals as having a truly professional status. Your clients will know you are fully qualified and other health professionals will be confident & willing to send you referrals.

Why Choose our Academy?

When seeking a training institution you should look for several aspects, these include quality of training (practical work, supervisor support and lecturer's experience), reputation, recognition by government bodies, acknowledgement by independent associations and other reputable institutions (e.g. health funds & insurance companies).

The Academy offers initial training designed to allow you to practice and earn an income whilst continuing studying to higher qualifications.

Here are some reasons why students choose the Academy:-

- Government Accredited training
- AUSTUDY approved
- ABSTUDY approved
- Leon Cowen's 35 years experience & active involvement in training
- Small classes and a friendly, supportive environment
- More than just theory - practical training as well
- Flexible comprehensive training including techniques from NLP, Transactional Analysis, Gestalt, Counselling, & more
- Assistance with establishing a practise
- Graduates achieve Practitioner Status with *Australian Hypnotherapists' Association*
- Graduates meet Clinical Membership Standards of the *Australian Society of Clinical Hypnotherapists*
- *Australian Traditional-Medicine Society*
- Specified courses meet CAPA training standards
- Specified courses meet *Royal College of General Practitioner* standards

Professional Hypnotherapy Courses - VETAB Accredited

Certificate IV in Clinical Hypnotherapy

(Reg: 91524NSW)

AUSTUDY / ABSTUDY approved



You can enrol directly into the Advanced Diploma of Clinical Hypnotherapy and it will include this course and the Diploma of Clinical Hypnotherapy for the one registration fee.

Prerequisite: None

Duration (excluding clinic hours):

To achieve this qualification, 14 units (12 core units and 2 elective units approximately 629 hours) must be completed.

Full time (8 modules per term): 3-6 months (approx 2 terms)

Part time (4 modules per term): 6-12 months (approx 3-4 terms)

Award Letters: Cert IV CH

Core Modules

HCT401	Hypnosis Counselling and Therapy
PYS401	Psychology for Hypnotherapy
PYS402	Psychology for Hypnotherapy
MSH401	Medical Sciences in Hypnotherapy
COU401	Counselling for Hypnotherapy
COU402	Counselling for Hypnotherapy
THAP401	Therapeutic Applications
PW401	Practical Workshops
PW402	Practical Workshops
PCTHAP401	Pre Clinic Therapeutic Applications
HLTFA301B	Snr First Aid Cert (not provided by the Academy)
IC401	Intern Clinic

Elective Modules

NLP401	NLP in Hypnotherapy or
NLP402	NLP in Hypnotherapy plus
HT401	Hypnoanalytical Techniques or
HT402	Hypnoanalytical Techniques

Course Outcomes:

- ✓ Have the skills from the Certificate IV in Clinical Hypnotherapy
- ✓ Work at a Professional Level
- ✓ Accept referrals and liaise with Health Practitioners
- ✓ Use a range of techniques to effectively assist your clients - including: Hypnoanalysis, Counselling, NLP, Gestalt & TA
- ✓ Meets the requirements for clinical membership of the AHA

Core Modules

Hypnosis Counselling and Therapy (HCT401):

Topics include and may vary: hypnotic theory, susceptibility, induction, deepening suggestion, awakening, practical work, self hypnosis, Gestalt, Transactional Analysis, ethics and safeguards, clinical approaches.

Psychology for Hypnotherapy (PYS 401 - PSY402):

Topics include and may vary: abnormality, psychological models and approaches, anxiety disorders, obsession, substance abuse, depression, schizophrenia, suicide, nervous system disorders, childhood disorders.

Medical Sciences in Hypnotherapy (MSH401)

Topics include and may vary: terminology, basic anatomy, physiology, pathological processes, links between the mental, emotional and physiological, disorders of the body's systems & psychopharmacology.

Counselling for Hypnotherapy (COU401 - COU402)

Topics include and may vary: counselling principles, major modes in counselling, goals of counselling, referring clients, social constructs, therapist self knowledge, client-centred therapy, multicultural approach.

Therapeutic Applications (THAP401)

Topics include and may vary: the integration clinical hypnotherapy with psychotherapy and counselling techniques.

Practical Workshops (PW401)

Topics include and may vary: practical skills are refined.

Pre Clinic Therapeutic Applications (PCTHAP401)

Topics include and may vary: application of clinical hypnotherapy integrated with psychotherapy and counselling.

Intern Clinic (IC401)

Topics include and may vary: practical application of all topics in all modules preceding Intern Clinic module.

Senior First Aid Certificate (not provided by the Academy)

Electives Modules

NLP in Hypnotherapy (NLP401 OR NLP402)

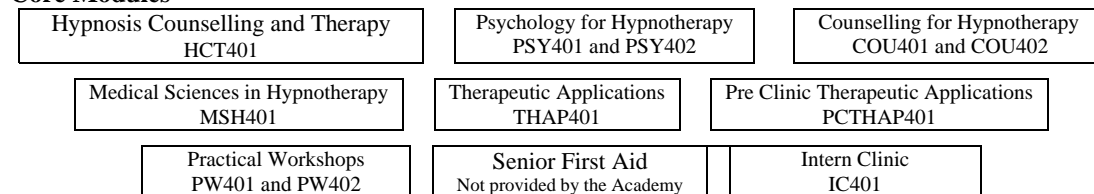
Topics include and may vary: accessing cues, metaphors, time line therapy, Ericksonian hypnosis, reframing, collapsing anchors.

Hypnoanalytical Techniques (HT401 OR HT402)

Topics include and may vary: hypnoanalytical concepts and techniques, hypnotherapy and cognitive behavioural therapy.

Professional Course Structure – Core and Electives

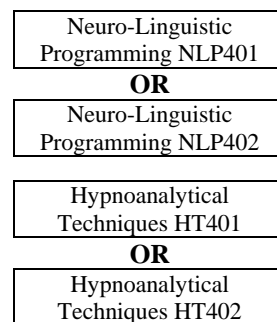
Core Modules



14 units (12 core units and 2 elective units approximately 629 hours)

Continue to the Diploma Clinical Hypnotherapy

Elective Modules



Diploma of Clinical Hypnotherapy

(Reg: 91525NSW)

AUSTUDY / ABSTUDY approved



You can enrol directly into the Advanced Diploma of Clinical Hypnotherapy and it will include this course and the Certificate IV in Clinical Hypnotherapy for the one registration fee.

Prerequisite: Cert IV in Adv Clin Hyp. (or equivalent)

Duration (excluding clinic hours):

To achieve this qualification, 13 units (10 core units and 3 elective units approximately 588 hours) must be completed.

Full time (8 modules per term): 3-6 months (approx 2 terms)

Part time (4 modules per term): 6-12 months (approx 3-4 terms)

Award Letters: DCH

Core Modules

ELBI501	Ethics Legal & Business Issues
ADVTHAP 501	Advanced Therapeutic Applications
ADVTHAP 502	Advanced Therapeutic Applications
ADVTHAP 503	Advanced Therapeutic Applications
ADVPW501	Advanced Practical Workshops
ADVPW502	Advanced Practical Workshops
ADVPW503	Advanced Practical Workshops
SNRIC501	Intern Clinic
SNRIC502	Intern Clinic
SNRIC503	Intern Clinic

Elective Modules

TAG501	TA and Gestalt or
TAG502	TA and Gestalt
NLP501	NLP in Hypnotherapy or
NLP502	NLP in Hypnotherapy
HT501	Hypnoanalytical Techniques or
HT502	Hypnoanalytical Techniques

Course Outcomes:

- Have the skills from the Diploma of Clinical Hypnotherapy
- Work at an Higher Professional level
- Use a range of more complex clinical techniques to assist your clients with greater effectiveness
- Accept referrals and liaise with other Health Practitioners and other Clinical Hypnotherapists
- Be a Clinical Member of professional associations
- Accepted as Practitioner Member of ATMS

Core Modules

Ethics Legal & Business Issues (ELBI501)

Topics include and may vary: Starting and maintaining a practice, general office procedures, maintenance and equipment, Professional Networking, Advertising, Conducting Consultations, History Taking, establishing a marketing strategy in practical terms and Ethics.

Advanced Therapeutic Applications (ADVTHAP501 - ADVTHAP503)

Topics include and may vary: the integration clinical hypnotherapy with psychotherapy and counselling techniques.

Advanced Practical Workshops (ADVPW501 - ADVPW503)

Topics include and may vary: practical skills are refined.

Senior Intern Clinic (SNRIC 501 - SNRIC 503)

Topics include and may vary: to apply the knowledge and techniques of clinical hypnotherapy in a supervised clinical environment.

Elective Modules

NLP in Hypnotherapy (NLP501 OR NLP502)

Topics include and may vary: accessing cues, metaphors, time line therapy, Ericksonian hypnosis, reframing, collapsing anchors.

Hypnoanalytical Techniques (HT501 OR HT502)

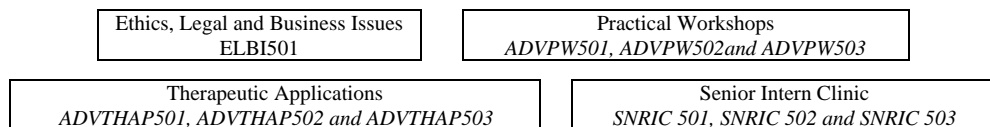
Topics include and may vary: hypnoanalytical concepts and techniques, hypnotherapy and cognitive behavioural therapy.

TA and Gestalt (TAG501 OR TAG502)

Topics include and may vary: integration of TA and Gestalt with clinical hypnotherapy

Professional Course Structure – Core and Electives

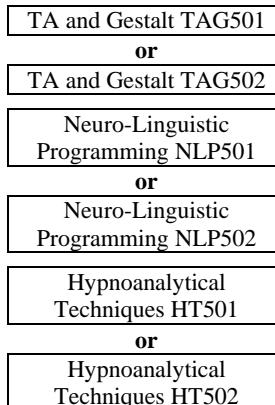
Core Modules



To achieve this qualification 13 modules must be completed. 10 core modules and 3 elective modules.

Exit point for the award of **Diploma of Clinical Hypnotherapy** (Reg: 91525NSW) (VETAB Accredited).

Elective Modules



Advanced Diploma of Clinical Hypnotherapy

(Reg: 91526NSW)

AUSTUDY / ABSTUDY approved



You can enrol directly into the Advanced Diploma of Clinical Hypnotherapy and it will include the Certificate IV in Clinical Hypnotherapy and the Diploma of Clinical Hypnotherapy for the one registration fee.

Prerequisite: Diploma of Clinical Hypnotherapy (or equivalent)

Duration (excluding project):

To achieve this qualification 8 units (7 core units and 1 elective unit approximately 606 hours) must be completed.

Full time (8 modules per term): 3-6 months (approx 1-2 terms)

Part time (4 modules per term): 6-12 months (approx 3-4 terms)

Award Letters: DCH

Module Topics: To achieve this qualification 8 modules must be completed. 7 core modules and 1 elective module.

PD601	Professional Development
PD602	Professional Development
PD603	Intern Mentorship Practical Workshops
PD604	Intern Mentorship Practical Workshops
RM601	Research Methodology
TSH601	Teaching Self Hypnosis
PRO601	Project

Elective Modules

TAG601	TA and Gestalt or
TAG602	TA and Gestalt

Course Outcomes:

Upon completion it is expected that you would be able to:

- Have Advanced Practitioner skills
- Work at an Advanced Professional level
- Use a range of Advanced Clinical techniques to assist your clients with greater effectiveness
- Accept referrals and liaise with other Health Practitioners and other Clinical Hypnotherapists
- Be a Clinical Member of professional associations
- Accepted as Practitioner Member of ATMS

Core Modules

Research Methodology (RM601)

Topics include and may vary: planning a research project, types of projects, data collection and analysis, sourcing information, preparing a case study, report writing.

Professional Development (PD601 – PD604)

Topics include and may vary: refining the integration clinical hypnotherapy with psychotherapy and counselling techniques in a simulated clinical setting

Teaching Self Hypnosis (TSH601)

Topics include and may vary: Concept of self hypnosis, Conditioning, Imagination, Suggestion, Induction and Deepening, Time Distortion, Waking Hypnosis, Controlling Pain, Healing and Bleeding, Personal Therapy.

Project (PRO601)

The topic is negotiated with the Academy then the participant must submit a research program.

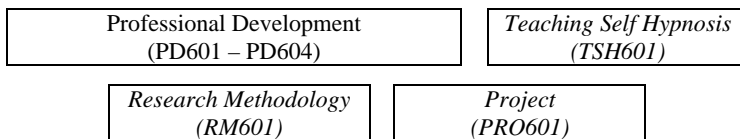
Elective Module

TA and Gestalt (TAG601 OR TAG602)

Topics include and may vary: integration of TA and Gestalt with clinical hypnotherapy

Professional Course Structure – Core and Electives

Advanced Diploma of Clinical Hypnotherapy course participants must have the Diploma of Clinical Hypnotherapy (or its equivalent)



To achieve this qualification 8 modules must be completed. 7 core modules and 1 elective module.

Award of **Advanced Diploma of Clinical Hypnotherapy** (Reg: 91526NSW) (VETAB Accredited).

Continue to the Master Practitioner in Clinical Hypnotherapy

Elective Modules

TA and Gestalt 601
or
TA and Gestalt 602

Continuing Education - Clinical Hypnotherapists & Health Professionals

Continuing education can commence at anytime and can be studied full or part time, or can be completed by Recognition of Prior Learning (RPL). RPL gives you credit into the VETAB accredited modules for knowledge which you have gained from other places. This means of accreditation can be very effective in achieving formal documentation as required for Professional Indemnity Insurance, Health Insurance Funds, PACFA and other organisations.

Topics include (but may vary):

Transactional Analysis & Gestalt

Miniscripts, Lifescripts, Gestalt Dream Therapy, Finding the "In's", Reparenting, Transactional Analysis, Profiling, Questioning techniques, Gestalt Empty Chair, Hypnotic Empty Chair.

Ethics, Legal and Business Issues

Starting and maintaining a practice, office procedures, Networking, Advertising, Consultations, Ethics, practical marketing strategy.

Psychology in Hypnotherapy

Abnormality, Biochemical Model, Psychological Approaches, Schizophrenia, Personality Disorders, Substance Abuse, Anxiety Disorders, Sexual and Gender Identity Disorders, Somatoform Disorders, Childhood Disorders, Law and Politics of Abnormality.

Self Hypnosis

Concepts of self hypnosis, Conditioning, Imagination, Suggestion, Induction and Deepening, Time Distortion, Waking Hypnosis, Controlling Pain, Healing and Bleeding, Personal Therapy.

Medical Sciences in Hypnotherapy

Terminology, Basic Anatomy and Physiology, Hypnotherapy and disorders of the Body's systems, Psychopharmacology,

Counselling in Hypnotherapy

Principles of Counselling, Major Modes in Counselling, Goals of Counselling, dealing with family and close friends, Psychosis, Physical Conditions, Referring to other health professionals, Social constructs, Therapist Self Knowledge/Awareness, Client Centred Therapy, Multicultural Approach.

Therapeutic Applications

Application of Therapeutic Techniques

Practical Workshops

Refining therapeutic techniques.

Research Methodology

Planning a research project, types of projects, data collection and analysis, sourcing information, preparing a case study, report writing.

NLP in Hypnotherapy

Accessing Cues, Metaphors, Ericksonian Concepts & Techniques, Time Line Therapy, Reframing, Collapsing Anchors & Pure Process.

Hypnoanalytical Techniques

Hypnoanalytical Concepts and Techniques (Progression, Regression, Automatic Writing, Ideomotor Questioning, Dream Therapy).

Clinical Experience

Application of all therapeutic techniques in a clinical setting.

Master Clinical Hypnotherapist Program

This is the first qualification of its type. It should not be confused with the concept or use of the term "Masters Degree" as used by universities. Whereas the aim of our other courses is to teach specific techniques, this course is significantly more advanced. If you undertake this program, you are aiming to become a Master Clinical Hypnotherapist. The focus of this program is to develop your knowledge and skills to that of 'Master Clinical Hypnotherapist', either generally or in a specific aspect of Clinical Hypnotherapy.

Prerequisites: (The Academy's courses or previous formal studies are **not** a prerequisite for entry into this qualification.)

Knowledge and experience sufficient to add to the existing body of knowledge within the profession of Clinical Hypnotherapy.

An ability to investigate conditions, theories and issues or other aspects pertaining to the practice of Clinical Hypnotherapy.

A demonstrated ability to achieve excellence in the field of Clinical Hypnotherapy

Duration: 12 – 24 months (approx)

Modules: None specified

The aim of the program is to:

- ❖ Research conditions / theories / issues relevant to the continuing development of Clinical Hypnotherapy
- ❖ Extend and hone the prof. Clinical Hypnotherapy skills.
- ❖ Offer the opportunity to develop new skills in the profession of Clinical Hypnotherapy and allied areas.

Award Letters: Mast CH

Course Outcomes:

The outcomes are aimed at developing the course participants, their knowledge and skills to that of a 'Master Practitioner' either generally or in a specific aspect of clinical hypnotherapy. For a complete outline of this course refer to the Student Handbook.

"Doing the course had many challenges for me. The instructors in general, and Leon in particular, knew their subject and were a constant source of inspiration. I got lots of support all the way through. As Leon once said, "You need first to learn the rules before you start making your own."

I strongly recommend the Academy's curriculum to anyone who is serious about hypnotherapy."

Sinan Koray Cert IV Clin. Hyp (AAH), Dip Hyp (AAH), Grad Dip App Hyp (AAH), MAHA, MCAPA.

*Sinan practises from the Hills District NSW
(02)9686 3583 or Mob 0408 401 912 and holds the*

Certificate IV in Clinical Hypnotherapy and Graduate Diploma of Applied Hypnosis.

Continuing Education for Health Professionals

Study Clinical Hypnotherapy & receive Recognition of Prior Learning (RPL) for your previous training

Advanced Practitioner Certificate in Clinical Hypnotherapy



This course is accredited by
Royal Australian College of General Practitioners

for up to 40 Group 1 CPD points and

General Practice Mental Health Standards Collaboration

Mental Health Level 1 ongoing CPD

and

Counselling and Psychotherapists Association NSW (CAPA)

for 35 continuing education points

It is also available in an unaccredited mode.

You can enrol directly into this Advanced Diploma of Clinical Hypnotherapy and it will include the Advanced Practitioner Certificate in Clinical Hypnotherapy for the one registration fee.

Prerequisite: An existing undergraduate qualification in professional skills in a health practitioner or allied field.

Duration: 112 hours (approx): available in-house or on-line.

Award Letters: APCCH

Topics: (For a complete topic outline refer to the Student Handbook.)

Hypnotic Theory for the Health Professional

Susceptibility Techniques

Induction Procedures

Deepening Procedures

Suggestion

Hypnoanalytical Techniques

Transactional Analysis and Gestalt

Self Hypnosis

Ethics and Safeguards

Practice Sessions

Clinical Approach to Conditions in an existing Health Practice

Course Outcomes:

- ✓ Upon completion you can expect to be able to:
- ✓ Understand how to use Hypnosis appropriately
- ✓ Be proficient at using Hypnosis
- ✓ Increase your effectiveness
- ✓ Use Hypnosis within your practice
- ✓ Enhance your practice

This is the first module in the accredited *Advanced Diploma of Clinical Hypnotherapy (91525NSW)* and provides a firm foundation for practice and, if desired, continuing education.

Advanced Practitioner Diploma of Clinical Hypnotherapy

You can enrol directly into this Advanced Practitioner Diploma of Clinical Hypnotherapy and it will include the Advanced Practitioner Certificate in Clinical Hypnotherapy.

Prerequisite: Adv Pract Cert Clin Hyp (HCT401)

Duration (excluding clinic hours):

To achieve this qualification, 8 core units (approximately 394 hours) must be completed.

Full time (8 modules per term): 3-6 months (approx 2 terms)

Part time (4 modules per term): 6-12 months (approx 3-4 terms)

Award Letters: APDCH

Core Modules

ELBI501	Ethics Legal & Business Issues
PYS401	Psychology for Hypnotherapy
PYS402	Psychology for Hypnotherapy
MSH401	Medical Sciences in Hypnotherapy
COU401	Counselling for Hypnotherapy
COU402	Counselling for Hypnotherapy
TSH601	Teaching Self Hypnosis
ADVTHAP501	Therapeutic Applications

Course Outcomes:

Upon completion you can expect to be able to:

- ✓ Use *complex* hypnotherapy techniques within your practice
- ✓ Enhance your practice by increasing your effectiveness
- ✓ Understand how to use *Clinical Hypnotherapy* appropriately
- ✓ Be proficient at using *Clinical Hypnotherapy*

The qualification encompasses concepts and skills *specifically designed for health professionals* and can be completed with any combination of full / part Time or on-line education.

This course is designed to enhance and support practitioner skills to a higher level of competency and integration with Clinical Hypnotherapy.

Please note: The course is designed to give you the skills to use hypnosis within your practice. Other modules enhance your hypnotic skills and allow further development e.g. *Teaching Self Hypnosis*. It is expected that many of the included modules would be acknowledged by **Recognition of Prior Learning (RPL)**. Those modules recognised by RPL would be credited towards the qualification. The *Therapeutic Applications* workshop must be completed as the final module or concurrently with the final module(s).

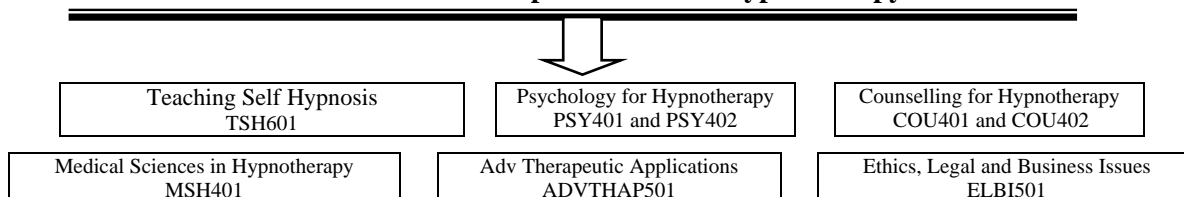
Advanced Practitioner Qualifications Course Structure

Hypnosis Counselling and Therapy HCT401

NOTE: This module equals the *Advanced Practitioner Certificate in Clinical Hypnotherapy*

Upon completion of this module you will be awarded the of **Advanced Practitioner Certificate in Clinical Hypnotherapy**
Exit or continue on to the Advanced Practitioner Diploma in Clinical Hypnotherapy

Continue to the Diploma Clinical Hypnotherapy



Upon completion of the above modules you will be awarded of the **Advanced Practitioner Diploma in Clinical Hypnotherapy**

Counselling Course

Study Counselling and receive Recognition of Prior Learning (RPL) in your Clinical Hypnotherapy course

Certificate in Counselling

Prerequisite: None

Duration: 84 hours (approx) on-line study

Award Letters: Cert Couns

Topics:

Historical Background
 Introduction to Counselling
 Responding to feelings
 Attending and Influencing Skills
 Negative Effects of Counselling
 Intentional and Creative Counsellor
 Existentialist Approach
 Contracting
 Major Theoretical Frameworks
 Psychoanalysis
 Rogerian / Client Centred Therapy
 Gestalt and Transactional Analysis
 Neuro-Linguistic Programming
 Interpersonal Therapy
 Art Therapy
 Eclectic Approach
 Qualitative Conditions
 Stress Management
 Practical Work

Course Outcomes:

- Use basic counselling techniques

Diploma of Counselling

Prerequisite: Certificate in Counselling

Duration (excluding clinic hours):

To achieve this qualification, 12 modules (approximately 583 hours) must be completed.

Full time (8 modules per term): 3-6 months (approx 2 terms)

Part time (4 modules per term): 6-12 months (approx 3-4 terms)

Module Topics:

COU401 Counselling for Hypnotherapy
 COU402 Counselling for Hypnotherapy
 ELBI501 Ethics Legal & Business Issues
 PYS401 Psychology for Hypnotherapy
 PYS402 Psychology for Hypnotherapy
 HCT401 Hypnosis Counselling and Therapy
 PW401 Practical Workshops
 THAP401 Therapeutic Applications
 PCTHAP401 Pre Clinic Therapeutic Applications
 IC401 Intern Clinic

Elective Modules

TAG501 TA and Gestalt **or**

TAG502 TA and Gestalt

NLP501 NLP in Hypnotherapy **or**

NLP502 NLP in Hypnotherapy

Pre Fieldwork Counselling Applications

Fieldwork 1

Award Letters: Adv Cert Couns

Course Outcomes:

- ✓ Have the skills from the Diploma of Counselling
- ✓ Work at a Professional Level
- ✓ Accept referrals and liase with Health Practitioners
- ✓ Use techniques to effectively assist your clients - including: Hypnosis, NLP, Gestalt and TA

Counselling

Course Structure - Core Modules (Each module or section of a module is the equivalent to 4 x 3hr in class workshops.)

